



5th National Conference on Diabetes

LEADCON-2026

Learning Evidences & Advances in Diabetes

THEME

Diabetes and Metabolics



SCIENTIFIC PROGRAM

Scan the QR Code for registration
Complimentary Registration till 31st May 2026

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DR. NEELESH KAPOOR

CONVENER POSTGRADUATES
ACADEMIC ACTIVITIES
DR. SHUBHA LAXMI MARGEKAR

DISCOVERY HALL

Time	Session	Speaker Names	Chairpersons
09:00 AM-10:00 AM	Obesity Masterclass Unravelling Obesity: The What, Why and How Redefining Obesity Care with Tirzepatide From Trials to Treatment: Integrating Tirzepatide into Clinical Practice Panel Discussion and Q&A	Anupam Biswas Himanshu Sharma Naresh Dang Sunil K Mishra	Aman Rohtagi Amarpreet Singh Riar Princi Jain
10:00 AM-10:20 AM	Beyond HbA1c -Are We Measuring the Right Outcomes?	Abhishek Arun	RPS Makkar Rajat Jhamb S C Gupta Sunil Kohli S K Sahoo
10:20 AM-10:40 AM	Cardio-Renal-Metabolic Axis: One Patient, Three Diseases	Saket Kant	Ankit Bansal Lalit Roli Bansal R M Chhabra Sandeep Garg
10:40 AM -11:00 AM	Metabolic Health Without Obesity: The Lean Diabetes Paradox in South Asians	SV Madhu	A K Shukla B K Gupta Prem Kapoor R K Prasad Vinod Kumar
11:00 AM -11:20 AM	Beyond the hype: why Innovator Semaglutide's Proven legacy sets the gold standard in obesity management	Pankaj Aneja	Deepak Upadhyay G S Bansal Gunjan Mittal Nitasha Pasricha Ritika Sud
11:20 AM -11:40 AM	GLP-1 Agonists -Revolution, Bubble, or Both?	Sunil Gupta	Anu Goswami Dheeraj Singhal Harpreet Singh Kuldeep Dhar L H Ghotekar
11:40 AM -12:00 AM	KEYNOTE LECTURE	Manoj Srivastava	Amit Sharma Neelesh Kapoor N K Govil Saurabh Srivastava
12:00 PM -12:20 PM	ORATION	Sandeep Budhiraja	Ajay K Gupta Amitesh Aggarwal Ashok Kumar
12:30 PM -13:00 PM	INAUGURATION	Chief Guest Dheeraj Shah Guests of Honour Sarita Beri (Brig) Rakesh Gupta (Col) HS Chehal Gaurav Aggarwal Sanjay Saxena	Organising Committee Ajay K Gupta Amitesh Aggarwal Ashok Kumar Saurabh Srivastava Amit K Sharma
13:00 PM -13:40 PM	Lunch Break		
13:40 PM -14:00 PM	De-intensification of Diabetes Therapy: When Less Treatment Is Better Medicine	Bijay Patni	Abhinav Agarwal Ajai Kumar Garg Ashok Kumar Grover Manisha B Thakur Nishesh Jain

14:00 PM - 14:20 PM	Guideline Wars: ADA vs EASD vs RSSDI — What Should Indian Physicians Follow?	Rajeev Chawla	B S Pandey Gunjan Aggarwal Krishna Avatar Gupta Ravinder Gupta S. Anuradha
14:20 PM - 14:40 PM	Residual Cardiovascular Risk in Diabetes: Beyond LDL and HbA1c	SK Agarwal	Pike Saxena Pratima Goyal Subhash Singh V K Goyal Vivek Suman
14:40 PM - 15:00 PM	Initiate with Impact: r DNA Semaglutide Redefining First Line Diabetes Care	Hanish Gupta	Priyanka Verma S K Gupta Tarun Goel Vaibhav Deorari Yogesh Gupta
15:00 PM - 15:40 PM	Panel: Is Diabetes Management Becoming Too Technology-Driven?	Abha Gupta Anupam Kumar Singh Monica Mahajan Rakesh Pandit Shalini Jaggi	Saurabh Srivastava (Moderator) Piyush Jain
15:40 PM - 16:00 PM	SGLT2 Inhibitors: Cardiac, Renal or Diabetes Drugs?	Alpana Raizada	Priyank Rastogi Pradeep Kohli Shelly Dutta Sumita Halder
16:00 PM - 16:20 PM	Clearing the Air Around Inhaled Insulin	Setu Gupta	Ghanshyam Pangtey Manoj Singhal Neeraj Chaudhary Sanjiv Sharma
16:20 PM - 16:40 PM	Landmark Trials Changing Diabetes Practice in India	Surjadeep Sen Gupta	Anil Yadav Anshuman Srivastava Rajarshi Kar Rati Singh
16:40 PM - 16:50 PM	Valedictory Session		

SYNERGY HALL

Time	Session	Speaker Names	Chairpersons
09:15 AM - 11:40 AM	FREE PAPER SESSION	Shridhar Dwivedi Sunita Agarwal Shiva Narang Shubha Laxmi Margeker	
09:15 AM - 11:40 AM	POSTER SESSION	Abha Sharma Amit Sharma Deepak Sharma Pankaj Bansal Preeti Vijay Arora	
11.40 AM - 12.00 PM	New Generation Insulins: The promising solution to glycaemic havoc in India	Aishwarya Krishnamurthy	Anand Ratan Ankur Chikara Kuldeep Kumar Supriya Bali Vandana Garg

Oration & Inauguration Session in Discovery Hall			
12:00 PM - 13:40 PM			
13:40 PM - 14:00 PM	What's new in Hyperkalemia?	D K Agarwal	Ajay Rastogi Charu Goel Girijesh Rastogi Sanjay Vinayak Sushil Tyagi
14:00 PM- 14:20 PM	Obesity- a chronic disease	Ajay K Gupta	Ashish Gupta Arjun Singh Devender Kumar Luv Bansal Swati Wagdhare
14:20 PM - 14:40 PM	The Obesity Epidemic: Unpacking India's Disease Burden Obesity - A Silent Multiplier of Diseases Diagnosing Beyond BMI Q&A	Girish Khurana Pooja Garg PN Chaudhary Vipul Gupta	Kunal Das Puneet Gupta Vinod Gautam
14:40 PM - 15:00 PM	Obesity with MASLD Obesity and CVD Obesity and OSA Q&A	Ashok K Grover DG Pandey Gaurav Jain Rajeev Bansal	Pankaj Relan Sandhya Gautam Snehlata Verma
15:00 PM - 15:20 PM	Impact of Herpes Zoster on patients with DM & its prevention	Neelesh Kapoor	Meeraj Ahmed Namita Kamra Prabhat Kumar Pratibha Singh Sanjay Modi
15:20 PM - 15:40 PM	iGlarLixl: A SOLID Approach to Break Treatment Complexity	Nishant Singh	Antul Sharma Jitendra Koli Parag Sharma Vipul Pandey
15:40 PM - 16:00 PM	Prediabetes: Disease to Treat or Overmedicalization?	Ashok Kumar	Akash Garg Chandrakant Lahariya Charu Gupta Laxman Ramachandran Navdeep Kumar